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**NO DISCRIMINATION**

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**RESPECT FOR  
CHILDREN'S VIEWS**

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**REST, PLAY,  
CULTURE, ARTS**

# Resolution 23/24

The Convention on the Rights of the Child is important for us children and young people. It ensures that we have the opportunity to speak our minds and express ourselves in our own way. The Convention on the Rights of the Child shows us that children and young people are capable, should be and want to be involved—just as much as adults. With the Children's Convention, children and young people have support they can rely on when they speak. It gives a sense of security to know that adults are listening.



**Resolution 23/24 adopted on 9 November 2023 by the National Rights Council for UNICEF Denmark's Rights Schools. The National Rights Council is the mouthpiece for all UNICEF Denmark's Rights Schools.**



#### **This is why the Convention on the Rights of the Child is important to us:**

These three articles are important to us because all children and young people have the right to express themselves creatively in their own way, regardless of whether it is at school or in their free time. We believe it is important to challenge oneself, both socially and when in one's own company.

It is important that we children and young people are heard and can influence the decisions adults make. Children and young people have an important voice, as we will live with the choices adults make and the consequences of the decisions that are made.

We believe that the articles help to prevent discrimination and make it possible for children and young people to have the leisure interests they want without being judged or looked down upon.

#### **What we would like to achieve with the resolution**

The aim of this resolution is to raise awareness of what free time is and to ensure that all children in Denmark get the free time they need and are entitled to. The goal is that all adults listen to what we have to say, and that adults help to ensure that children and young people have good schooling, with breaks, and good communities. We would like to draw attention to the fact that it is important that children and young people have free time so they can be creative and pursue their interests. We want everyone who reads this resolution (both children and adults) to make an effort to improve conditions for children and young people's leisure time.

#### **Dear politicians and decision makers. We encourage you to:**

- ↳ incorporate the Convention on the Rights of the Child into Danish law, as this would be the most ideal way to ensure the rights of all children.
- ↳ create a society with space for leisure for everyone, through, for example, outdoor areas, green areas, halls and activity centres. We believe that this will be the best way to create a healthy environment for children and young people (as well as adults). Then everyone has the opportunity to go to leisure activities near them.
- ↳ include more creative and active subjects and teaching materials in the school day, so students of all ages can have a more varied education.

#### **Dear school leaders, teachers, pedagogues and clubs. We encourage you to**

- ↳ include more activity and movement in lessons and have more variety in the lessons through, for example, educational games and activities.
- ↳ give students more self-determination in recess by providing more possible activities and a freer environment for students.
- ↳ have safe clubs for all - the club must be for all age groups. In addition, we would also like to have more sports activities that are free, so that everyone has the opportunity to have a sports activity.

#### **Dear children and young people. We encourage you to:**

- ↳ have respect for each other and for each other's opinions, thoughts, hobbies, interests and leisure interests.
- ↳ be yourself and show more of your sides, for example, through culture, religion, and interests.
- ↳ do what you have a passion for; do what you think is right. Create your own trend.